



LUNCH AT HAND
School Age Lunch Menu
October 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 05 - Chicken Strips Chicken Strips Mashed Potatoes w/ Gravy Green Beans Ketchup BBQ Sauce	 06 - Cheese Pizza Cheese Pizza Tossed Salad Fresh Fruit Ranch Dressing	07 - Mac & Cheese Mac & Cheese Corn Fresh Fruit Fudge Cookie	01 - French Toast Sticks French Toast Sticks Turkey Sausage Tri-Tater Hot Cinnamon Apples Syrup	02 - Pizza Rolls Pizza Rolls Corn Applesauce NEW!
19 - Salisbury Steak w/Gravy Salisbury Steak Gravy Carrots Fresh Fruit Buttered Noodles Fudge Cookie	13 - Pancakes & Sausage Pancakes Turkey Sausage Tri-Tater Applesauce Syrup	14 Mostaccioli & Meatballs Pasta Meatballs Spaghetti Sauce Green Beans Garlic Bread Fruit Juice	15- Hot Dog Beef Hotdog Hotdog Bun Peas Tater Tots Chocolate Goldfish Graham Ketchup & Mustard	16 - BBQ Chicken Dippers Chicken Strips w/BBQ Sauce Broccoli Fresh Fruit Wheat Bread
26 - Chicken Nuggets Chicken Nuggets Tater Tots Corn Ketchup & BBQ Sauce	20 - Meatball Sub Meatballs in Sauce Hotdog Bun Mixed Vegetables Fruit Juice Cheddar Goldfish	21 - Nachos Taco Meat Cheese Tortilla Chips Corn Fresh Fruit	22 - Mini Turkey Corndogs Mini Turkey Corndogs Green Peas Applesauce Ketchup	23 - Stuffed Crust Pizza Stuffed Crust Pizza Tossed Salad Ranch Dressing Fresh Fruit NEW!

ALL JUICES ARE 100% FRUIT JUICE. ALL BREADS ARE ENRICHED OR WHOLE GRAIN. MENU SUBJECT TO PRODUCT AVAILABILITY. 08/25/09.

Keep this copy at home for your own records